



## LIFESPAN DEVELOPMENT

### A. Course Description

- **Credits:** 4.00
- **Lecture Hours/Week:** 4.00
- **Lab Hours/Week:** 0.00
- **OJT Hours/Week:** 0
- **Prerequisites:** None
- **Corequisites:** None
- **MnTC Goals:**
  - 05 – Hist/Soc/Behav Sci
  - 07 – Human Diversity

This psychology course is an introduction and overview of the scientific study of development throughout the life span from prenatal through old age, death, dying and bereavement from a developmental perspective. Prerequisites: None. Meets MnTC Goal 5 and MnTC Goal 7

### B. Course Effective Dates: 8/24/09 – Present

### C. Outline of Major Content Areas

1. Causes, Treatment, Diagnostics
2. Cultural Perspectives
3. Define Abnormal Behavior
4. Disorder Characteristics
5. Disorder Classification
6. Historical Perspectives
7. Legal and Ethical issues

### D. Learning Outcomes

1. Explore and understand the purpose of advanced healthcare directives and examine issues faced prior to and during the process of death from a multicultural perspective
2. Explore contributions to developmental theory made by women and other minority cultures
3. Explore reasons for the gender gap in very old age adults and understand the impact of physical fitness on cognitive abilities in this stage
4. Identify and understand the contribution of major theories that influence human

behavior from a developmental perspective

5. Identify biological psychological and social factors that contribute to longevity from a multicultural perspective
6. Identify developmental tasks during early adulthood and explore the development of intimate relationships
7. Identify developmental tasks during toddlerhood, including language development and the impact of fantasy play
8. Identify developmental tasks in middle childhood and the influence of family and friendship on development
9. Identify issues faced after the death of a loved one, including grief and bereavement
10. Identify major issues that threaten inner, familial, and societal peace, including domestic violence, war and the perceived threat of terrorism and its impact on behavior and decision making
11. Identify the concerns of people in the later adulthood stages from a psychosocial perspective and explore differing cultural views of the value of older adults
12. Identify the developmental tasks during infancy including the nature of objects and their categorization
13. Identify the developmental tasks in early and late adolescence and understand the impact of peer groups and the integration of gender identity
14. Identify the developmental tasks of early school age children, including gender identification, roles and gender role standards
15. Understand middle adulthood from a stage and state perspective and identify problems facing adults, including the balance of work, family and community involvement and identify diverse problems and opportunities experienced from a gender and cultural perspective
16. Understand stages of psychosocial development, tasks and crises of the life stages and identify strategies for coping with development
17. Understand the concept of moral development and psychosocial crises over the life span and identify gender differences in conceptualizing moral and psychosocial development
18. Understand the interplay between genetics and behavior relative to prenatal development and the impact of culture on ones view of pregnancy
19. Understand the life span development perspectives related to quality of life and life expectancy
20. Understand the link between psychosexual and psychosocial theory and their implications for human development
21. explore and understand the purpose of advanced healthcare directives and examine issues faced prior to and during the process of death from a multicultural perspective

22. explore contributions to developmental theory made by women and other minority cultures
23. explore reasons for the gender gap in very old age adults and understand the impact of physical fitness on cognitive abilities in this stage
24. identify biological psychological and social factors that contribute to longevity from a multicultural perspective
25. identify developmental tasks during early adulthood and explore the development of intimate relationships
26. identify developmental tasks during toddlerhood, including language development and the impact of fantasy play
27. identify developmental tasks in middle childhood and the influence of family and friendship on development
28. identify issues faced after the death of a loved one, including grief and bereavement
29. identify major issues that threaten inner, familial, and societal peace, including domestic violence, war and the perceived threat of terrorism and its impact on behavior and decision making
30. identify the concerns of people in the later adulthood stages from a psychosocial perspective and explore differing cultural views of the value of older adults
31. identify the developmental tasks during infancy including the nature of objects and their categorization
32. identify the developmental tasks in early and late adolescence and understand the impact of peer groups and the integration of gender identity
33. identify the developmental tasks of early school age children, including gender identification, roles and gender role standards
34. understand middle adulthood from a stage and state perspective and identify problems facing adults, including the balance of work, family and community involvement and identify diverse problems and opportunities experienced from a gender and cultural perspective
35. understand stages of psychosocial development, tasks and crises of the life stages and identify strategies for coping with development
36. understand the concept of moral development and psychosocial crises over the life span and identify gender differences in conceptualizing moral and psychosocial development
37. understand the interplay between genetics and behavior relative to prenatal development and the impact of culture on ones view of pregnancy
38. understand the life span development perspectives related to quality of life and life expectancy
39. understand the link between psychosexual and psychosocial theory and their

implications for human development

## **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

### **Goal 05 — Hist/Soc/Behav Sci**

1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. Use and critique alternative explanatory systems or theories.
3. Develop and communicate alternative explanations or solutions for contemporary social issues.

### **Goal 07 — Human Diversity**

1. Analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.
2. Describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.
3. Demonstrate communication skills necessary for living and working effectively in a society with great population diversity.

## **F. Learner Outcomes Assessment**

As noted on course syllabus

## **G. Special Information**

None noted