Nursing Care of Adults Health I introduces students to the care of older patients with a focus on health promotion and safety. Emphasis is on common health problems of the adult in restorative and residential facilities as well as safety and end-of-life care. Application of pathophysiology, nutrition and pharmacology are applied to common diseases within each topic area. THEORY TOPICS INCLUDE: Basic alterations in fluid and electrolytes, oxygenation, cardiac output and tissue perfusion, regulation and metabolism, cognition and sensation, immunity, integument, mobility, digestion, elimination, excretion, physical and psychosocial variations, chronic illness, end of life care, environmental safety and emergency preparedness. Prerequisites: HEAL 1061 Nursing Assistant, HEAL 1101 Anatomy and Physiology, and HEAL 1150 Health Career Mathematics, PSYC 1350 Lifespan Development and acceptance into PN Program

B. Course Effective Dates: 3/8/98 – Present

C. Outline of Major Content Areas
   1. As noted on course syllabus.

D. Learning Outcomes
1. Apply knowledge of pharmacology, pathophysiology, and nutrition to the care of older adult patients with common health problems.

2. Choose interventions (e.g. reporting changes, identifying action to take) within an established plan of care for potential/actual complications of the older adult patient.

3. Discuss rationales for nursing judgments and prioritization of care of the older adult patient.

4. Give examples of patient/relationship centered care when using the nursing process to contribute to individualized plans of care for the older adult.

5. Identify priorities of care in the provision of emergency response plans under the direction of a RN or other licensed Health Care Provider.

6. Recognize barriers to learning when providing or reinforcing health care information to older adult patients regarding health care and safety issues.

7. Use reliable evidence based journals and online databases to find information related to the care of older adults with common health and safety issues.

8. Describe blood/lymph disorders

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

F. Learner Outcomes Assessment
   
   As noted on course syllabus

G. Special Information
   
   None noted