A. **Course Description**
   - **Credits:**
     - Lecture Hours/Week: 0.00
     - Lab Hours/Week: 0.00
     - OJT Hours/Week: 0
     - Prerequisites: None
     - Corequisites: None
     - MnTC Goals: None
   
   This course is designed for one-on-one coaching, counseling and mentoring in a distance learning delivery method. Specific goals and objectives will be determined by each individual student, whenever possible with cooperation with the student's employer, and the personal coach/mentor. Each contact between coach and student will be open ended, the subject matter being determined by the real time needs of the student in the workplace. Credits will be awarded based on the success of the student and the scope of the overall experience. This course is repeatable up to 6 credits. Prerequisite: Advisor approval.

B. **Course Effective Dates:** 8/22/02 – Present

C. **Outline of Major Content Areas**
   - As noted on course syllabus

D. **Learning Outcomes**
   1. apply coaching techniques
   2. communicate effectively
   3. design an individualized improvement plan
   4. establish goals and objectives

E. **Minnesota Transfer Curriculum Goal Area(s) and Competencies**

F. **Learner Outcomes Assessment**
   - As noted on course syllabus

G. **Special Information**
   - None noted