



LIFESPAN DEVELOPMENT — PSYC 1350

A. Course Description

- **Credits:** 4.00
- **Lecture Hours/Week:** 4.00
- **Lab Hours/Week:** 0.00
- **OJT Hours/Week:** 0
- **Prerequisites:** None
- **Corequisites:** None
- **MnTC Goals:**
 - 05 – Hist/Soc/Behav Sci
 - 07 – Human Diversity

This psychology course is an introduction and overview of the scientific study of development throughout the life span from prenatal through old age, death, dying and bereavement from a developmental perspective.

Prerequisites: None. Meets MnTC Goal 5 and MnTC Goal 7

B. Course Effective Dates: 8/24/09 – Present

C. Outline of Major Content Areas

As noted on course syllabus

D. Learning Outcomes

1. explore and understand the purpose of advanced healthcare directives and examine issues faced prior to and during the process of death from a multicultural perspective
2. explore contributions to developmental theory made by women and other minority cultures
3. explore reasons for the gender gap in very old age adults and understand the impact of physical fitness on cognitive abilities in this stage
4. identify biological psychological and social factors that contribute to longevity from a multicultural perspective
5. identify developmental tasks during early adulthood and explore the development of intimate relationships
6. identify developmental tasks during toddlerhood, including language development and the impact of fantasy play
7. identify developmental tasks in middle childhood and the influence of family and friendship on development
8. identify issues faced after the death of a loved one, including grief and bereavement
9. identify major issues that threaten inner, familial, and societal peace, including domestic violence, war and

- the perceived threat of terrorism and its impact on behavior and decision making
10. identify the concerns of people in the later adulthood stages from a psychosocial perspective and explore differing cultural views of the value of older adults
 11. identify the developmental tasks during infancy including the nature of objects and their categorization
 12. identify the developmental tasks in early and late adolescence and understand the impact of peer groups and the integration of gender identity
 13. identify the developmental tasks of early school age children, including gender identification, roles and gender role standards
 14. understand middle adulthood from a stage and state perspective and identify problems facing adults, including the balance of work, family and community involvement and identify diverse problems and opportunities experienced from a gender and cultural perspective
 15. understand stages of psychosocial development, tasks and crises of the life stages and identify strategies for coping with development
 16. understand the concept of moral development and psychosocial crises over the life span and identify gender differences in conceptualizing moral and psychosocial development
 17. understand the interplay between genetics and behavior relative to prenatal development and the impact of culture on ones view of pregnancy
 18. understand the life span development perspectives related to quality of life and life expectancy
 19. understand the link between psychosexual and psychosocial theory and their implications for human development
 20. Understand the lifespan psychology approach as it pertains to human behavior and experience from a variety of theoretical perspectives including psychodynamic, psychosocial, behavioral, cognitive developmental and a systems approach.
 21. Recognize a variety of influences in the shaping of human behavior throughout the lifespan, including biological, psychological and social cultural factors.
 22. Demonstrate understanding of stages of human development that influence behavior and experience from prenatal to old age.
 23. Identify developmental tasks important to stages of human growth from infancy to adulthood.
 24. Demonstrate critical thinking and understanding of developmental psychology principles as it applies to personal use.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

Goal 05 — Hist/Soc/Behav Sci

1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. Use and critique alternative explanatory systems or theories.
3. Develop and communicate alternative explanations or solutions for contemporary social issues.

Goal 07 — Human Diversity

1. Analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.

2. Describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.
3. Demonstrate communication skills necessary for living and working effectively in a society with great population diversity.

F. Learner Outcomes Assessment

As noted on course syllabus

G. Special Information

None noted