A. Course Description

- Credits: 4.00
- Lecture Hours/Week: 2.00
- Lab Hours/Week: 2.00
- OJT Hours/Week: 0
- Prerequisites: None
- Corequisites: None
- MnTC Goals: None

This course introduces concepts of basic human needs and the function of the nursing assistant in long term care and or home health care. Basic nursing skills will be demonstrated and practiced in the laboratory setting. Upon successful completion of classroom studies, the student will participate in 24 hours of supervised clinical experience in a long term care setting. This course is a prerequisite for the Practical Nursing Program. It meets the objectives of Federal State Statutory requirements for nursing assistant training. Prerequisites: None. Individuals who provide direct contact services to clients of licensed facilities are required to have complete criminal background studies. Disqualified persons will not be permitted to work in these facilities.

B. Course Effective Dates: 8/1/19 – Present

C. Outline of Major Content Areas

As noted on course syllabus

D. Learning Outcomes

1. ambulate resident
2. assist resident with elimination needs
3. assist resident with partial shower and/or bath
4. define common medical terms
5. define family stress
6. define standard precautions
7. demonstrate behavior modification techniques
8. demonstrate clearing obstructed airway
9. demonstrate dressing/undressing
10. demonstrate handwashing
11. demonstrate isolation gowning/gloving
12. demonstrate mechanical lift use
13. demonstrate oral/denture hygiene
14. demonstrate professional behavior
15. demonstrate range of motion activity
16. demonstrate resident feeding
17. demonstrate skin/back care
18. describe Vulnerable Adult Act/Patient Self-Determination Act
19. describe aide's relationship with client and family
20. describe aide's role/responsibility
21. describe basic human needs
22. describe body mechanics
23. describe client health care team
24. describe emergency situations
25. describe growth and development
26. describe home care client
27. describe homemaking duties
28. describe hospice care
29. describe interpersonal communication skills
30. describe legal/ethical issues
31. describe medical asepsis principles
32. describe needs of child
33. describe needs of special populations
34. describe normal aging process
35. describe nutrition and fluid principles
36. describe personal cares
37. describe rehabilitative principles
38. describe reportable home situations
39. describe resident/home care bill of rights
40. describe safety in the home
41. describe special procedures
42. describe time management skills
43. discuss history and goals home care
44. discuss physical restraint use
45. discuss respecting resident's cultural diversity and individuality
46. exhibit punctuality and productive work habits
47. explain diet modifications
48. explain infection routes/control
49. explain safety/emergency procedures
50. identify aid's responsibility in observation, reporting, documentation
51. identify services available to clients and families
52. identify stages of death and grieving process
53. measure and record blood pressure
54. measure and record fluid/food intake and output
55. measure and record height/weight
56. measure and record temperature, pulse, respirations
57. perform W/C to bed, bed to W/C, to toilet transfers
58. perform bedmaking
59. perform behavior modification
60. perform environmental and resident safety
61. perform grooming needs
62. perform perineal care for incontinent resident
63. perform resident bathing
64. perform side lying, supine, W/C positioning
65. perform therapeutic communication skills

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

F. Learner Outcomes Assessment
   As noted on course syllabus

G. Special Information
   None noted