Adult Mental Health & Chemical Health Services Directory

2015



The mission of Hennepin County is to enhance the health, safety, and quality of life of our residents and communities in a respectful, efficient and fiscally responsible way.

All information in this directory may be reproduced

Corrections or updates should be sent to <u>Hennepin County CMAP</u>

Updates will be made quarterly

April 2015

ADULT MENTAL HEALTH SERVICES

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HENNEPIN COUNTY INITIAL CONTACT & ASSESSMENT

Hennepin County Government Center 300 South Sixth Street Minneapolis, MN 55487-0140

Hours: 8am - 4:30pm, Monday through Friday

*After hours messages will be returned on the next business day. E-mail responses will be sent within one working day.

The Initial Contact & Assessment (ICA) program consolidates intake for most programs and connects consumers to the level of service that best meets their needs. Front Door response ranges from connecting callers to community resources or other providers, providing education and consultation, or providing intake into county-operated programs.

Initial requests are answered by an ICA screener, who helps callers define their service needs and offers consultation about how those needs can be met. The screener is also available to assist callers in contacting an appropriate provider.

If a caller seems to require county intervention, the caller will be connected to an ICA service planner, who will do a more thorough evaluation of needs and provide short-term case management. The ervice planner will assess client eligibility for possible ongoing services from the county or a contracted provider.

ADULT PROTECTION SERVICES

Hennepin County Government Center 300 South Sixth Street Minneapolis, MN 55487-0140 www.co.hennepin.mn.us Common Entry Point: 612-348-8526 Adult Protection Intake Adult Protection Field Investigations

www.co.hennepin.mn.us

Phone: 612-348-4111

Fax: 612-317-3129

Hours: 8a.m. - 5:30p.m., Common Entry Point Line answered 24 hours/7 days/week

Services: The Hennepin County Common Entry Point of Adult Protective Services receives, assesses and refers all Vulnerable Adult maltreatment reports that occur in Hennepin County. Adult Protection social workers investigate reports of alleged abuse, neglect, and financial exploitation of Vulnerable Adults who are unable to protect themselves due to physical or mental impairments. Through the provision of protective social services, staff assists clients in establishing a network of support to help reduce their risk of further harm. When legal intervention is required to protect a Vulnerable Adult from harm, Adult Protection staff can assist with civil commitment, an order for protection, the removal of a perpetrator, and with the appointment of a guardian or conservator.

ADULT REHABILITATIVE MENTAL HEALTH SERVICES (ARMHS)

ARMHS are designed for persons age 18 or older with a diagnosed medical condition (such as mental illness or traumatic brain injury) who can benefit from rehabilitative mental health services. Services enhance psychiatric stability, social competencies, personal and emotional adjustment, and independent living skills, when these abilities are impaired by the symptoms of mental illness. ARMHS services instruct, assist, and support the recipient in developing skills in interpersonal communication, community resource utilization and integration, relapse prevention, mental illness symptom management, budgeting and shopping, healthy lifestyle, cooking and nutrition, and transportation. Other services include crisis assistance, medication education and monitoring, employment-related, and transition to community living services. Hennepin County does not contract for or purchase ARMHS services. The State of Minnesota Department of Human Services certifies ARMHS services providers. More information can be obtained from the DHS website: www.dhs.state.mn.us, in the Disabilities: ARMHS section.

The following agencies are currently certified to provide ARMHS services in Hennepin County:

Accend Services Inc.

725 36 1/2 Ave NE Phone: 612-481-2680
Minneapolis MN 55418 Fax: 763-226-2525

Alliance Health Care

2260 Cliff Road Phone: 651-895-8030 Eagan, MN 55122 Fax: 651-895-8070

Associated Clinic of Psychology

3100 West Lake Street, Suite 210 **Phone:** 612-925-6033 **Fax:** 612-925-8496

BeechWood. Inc.

3901 Chicago Avenue South
Minneapolis MN 55407

Phone: 612-824-0415
FAX: 612-825-0789

Bristol Place Home Health Services

 412 Ridgewood Avenue
 Phone: 612-871-0805

 Minneapolis, MN 55403
 Fax: 612-871-0455

Community University Health Care Center

2100 Bloomington Avenue South
Minneapolis, MN 55404

Phone: 612-638-0700
Fax: 612-638-0685

Complementary Support Services

6701 Penn Avenue, #301 Phone: 952-895-1730 Richfield, MN 55423 Fax: 612-861-7589

Courage Center

3915 Golden Valley Road **Phone:** 763-520-0378 Golden Valley, MN 55422 **Fax:** 763-520-0861

Emma Norton670 Robert St N,

St Paul, MN 55101

Family Support Services, Inc.

www.nystromcounseling.com

1900 Silver Lake Road, Suite 115 **Phone:** 651-628-4993 New Brighton, MN 55112 **Fax:** 651-379-1772

www.ahc.umn.edu/cuhcc

Goodwill/Easter Seals of Minnesota Phone: 651-379-5874 1821 University Ave W, Suite N187 Fax: 651-379-5804 St. Paul, MN 55104 Guild Incorporated Phone: 651-457-2248 130 South Wabasha, Suite 90 Fax: 651-455-4344 St. Paul, MN 55107 HealthStar Home Phone: 612-871-3700 1508 East Franklin Minneapolis, MN 55404 Hope Alliance Health Inc. Phone: 206-883-0990 Fardowsa Mohamed Fax: 612-224-2388 1516 West Lake Street, Suite 106 hopealliancehealth@gmail.com Minneapolis, MN 55418 H.S.I. New Generations Phone: 612-676-1604 1550 East 78th Street Fax: 612-379-8235 Richfield, MN 55423 Mental Health Resources www.mhresources.com Phone: 612-333-0331 **Seward Community Support Program** 2105 Minnehaha Avenue TDD: 612-333-0331 Minneapolis, MN 55404 Fax: 612-333-5614 Mental Health Systems Phone: 952-835-2002 6600 France Ave S, Suite 230, Fax: 952-835-9889 Edina, MN 55435 Metro Behavioral Health LLC333 Phone: 612-767-7770 2525 East Franklin Avenue, Suite 200W Fax: 612-767-7772 Minneapolis MN 55406 Phone: 651-645-7971 Metro Psychology Support Services Adult Rehabilitation Mental Health Services Fax: 651-654-7972 Court International Building 2550 University Avenue W. Suite #163 South St. Paul, MN 55414 Metro Social Services, Inc. Phone: 651-647-0647 345 University Avenue South, Suite A Fax: 651-647-1075 South St. Paul, MN 55414 Open Cities Health Center Phone: 651-251-5921 409 Dunlop Street FAX: 651-251-5995 St. Paul, MN 55104 Options Family and Behavior Services Phone: 952-564-3010 501 Highway 13, Suite 108 Fax: 952-564-3031 Burnsville, MN 55337 Pathways Counseling Center, Inc. Phone: 651-641-1555 1919 University Avenue, Suite #116 Fax: 651-641-0340 St. Paul, MN 55104 Perspectives, Inc. Phone: 952-926-2600 3381 Gorham Avenue Fax: 952-926-9395

St. Louis Park, MN 55346

Professional Resource Network Inc.
 2740 American Boulevard West, Suite 100
 Bloomington MN 55431

Phone: 952-905-2159 FAX: 952-858-8835

Progressive Individual Resources
 220 South Robert Street, Suite 200
 St. Paul, MN 55107

Phone: 651-222-6567 FAX:651-222-6713

Reach For Resources
 1001 Highway 7, Room 235
 Hopkins, MN 55305

Phone: 952-988-4177 Fax: 952-988-4020

 Recover Health Resource Asad Mohammed
 3055 Old Hwy 8, Suite 12, St. Anthony MN 55418

Phone: 612-844-0905 recoverhealthresource.info@gmail.com

Reihan Company
 Kalmudin Hassan, President
 7455 France Ave, Suite 286,
 Edina MN 55435

Phone: 952-212-1146 Reihan.company@Gmail.com

Res Care Minnesota
 Thomas Alf
 5615 Brooklyn Blvd, Suite 200,
 Brooklyn Center MN 55429

Phone: 612-490-8018 Fax: 763-537-7162

Resource Recovery Resources
 Claude Maddox, Director
 1900 Chicago Avenue,
 Minneapolis MN 55404

Phone: 612-752-8583 CMaddox@resource-mn.org

Rise Inc.
 8406 Sunset Road Northeast
 Spring Lake Park, MN 55432

Web site: www.Rise.org Phone: 763-786-8334 Fax: 763-786-0008

 South Metro Human Services, Inc. 400 Sibley Street, Suite 500
 St. Paul, MN. 55101 Phone: 651-291-1979 Fax: 651-291-7378

Summit Guidance Center,
 1437 Marshall Avenue, Suite 106,
 St. Paul MN 55104

651-276-0607

 Spectrum Community Mental Health 1825 Chicago Avenue South Minneapolis, MN 55404 www.resource-mn.org/spectrum Central Minneapolis Phone: 612-752-8200

Fax: 612-752-8203 South Hennepin Phone: 612-752-8350

Fax: 612-752-8351
Northwest Hennepin Phone: 612-752-8300

Fax: 612-752-8301

 Supportive Living Services, Inc. 5615 Brooklyn Blvd. Suite 200 Brooklyn Center, MN 55432 Phone: 763-537-6612 Fax: 763-537-7162

Tasks Unlimited2419 Nicollet Avenue South

www.tasksunlimited.org
Phone: 612-871-3320

Minneapolis, MN 55419 Fax: 612-871-0432

Touchstone Mental Health Case Management Services

2312 Snelling Avenue, Phone: 612-874-6409
Minneapolis, MN 55404 Fax: 612-874-0157

Ultimate Health

Garat Ibrahim

149 East Thompson Ave, #206,

West St. Paul MN 55118

Phone: 612-501-0484

joorje@yahoo.com

ASSERTIVE COMMUNITY TREATMENT (ACT)

Population Served: ACT clients typically have been unable to live successfully in the community because of serious and persistent mental illness, and may have co-occurring disorders (e.g., SPMI and substance abuse). Histories often include multiple or extended hospitalizations, court-ordered treatment at a Regional Treatment Center, and placements in other restrictive settings. Clients may also have a significant history of homelessness or contact with the criminal justice system as a direct result of their mental illness. Without intensive services they may be considered at imminent risk of civil commitment or nursing home placement and may be unable to secure or maintain more independent living situations. Clients are approved for admission by **Initial Contact and Assessment**.

Services: Services are provided by an interdisciplinary team that includes psychiatry. Caseloads are 1:10. Services include case management, and services that instruct, assist and support the recipient in skills such as interpersonal communication, community resource utilization and integration, relapse prevention, budgeting and shopping, healthy lifestyle, cooking and nutrition, and transportation. Other services include medication education and monitoring, mental illness symptom management, crisis assistance, health care directives, and transition to community living services.

Mental Health Resources, Inc. (MHR)

 2105 Minnehaha Avenue
 Phone: 612-337-4020

 Minneapolis, MN 55404
 Fax: 612-337-4035

Hours: 8 a.m. - 7 p.m., Monday - Saturday and 8 a.m. - 5:00 p.m.

People Incorporated

 1309 Girard Avenue North
 Phone: 612-465-0105

 Minneapolis, MN 55411
 Fax: 612-465-0107

Hours: 8 a.m. -6 p.m., Monday - Sunday

ReEntry - Community Treatment Team (CTT)

Hours: 7 a.m. -7 p.m., Monday - Friday

South Metro Human Services, Integrated Community Services

1313 5th Street SE, Suite 314
Minneapolis, MN 55414

Phone: 612-435-7200
Fax: 612-435-7201

Hours: 8 a.m. - 7 p.m., Monday - Friday (other hours arranged)

Supportive Living Services, Inc.

5615 Brooklyn Boulevard, Suite 200 Brooklyn Center, MN 55429

Hours: 8 a.m. - 8 p.m., Monday - Sunday

Revised 1/13/2015

Phone: 763-537-6612 Fax: 763-537-7162

CASE MANAGEMENT SERVICES

Hennepin County Behavioral Health Case Management

Phone: Call Hennepin County Front Door Access @ 612-348-4111

Services: Direct, community-based services through interdisciplinary teams. These teams assist clients to achieve and maintain safety and stability in the least restrictive community setting possible. Services include case management, basic living and social skills, community intervention, and medication education.

Hennepin County Forensic Case Management

Hennepin County Government Center 300 South Sixth Street Minneapolis, MN 55487-0140

Services: Social workers provide specialized case management services to clients who are indeterminately committed as Mentally Ill and Dangerous, Sexual Psychopathic Personality, or Sexually Dangerous Person. Supervision and support of participation in treatment and rehabilitation programs is tightly structured. When forensic clients leave inpatient treatment to re-enter the community, case managers monitor compliance with the conditions of release.

Community University Health Care Center

Case Management— See description under *Mental Health Outpatient & Counseling Services Programs*, page 14.

<u>Jewish Famil y and Ch ildren's</u> <u>Serv ice</u>

Mental Health Case Management 13100 Wayzata Blvd. (Suite 400) (Hwy. 394 and Plymouth Road) Minnetonka, MN 55305

Hours: 9 a.m. - 5 p.m., Monday - Thursday and 9 a.m. - 4 p.m. on Friday **Services:** Case management, advocacy, support, and group activities for adults who have serious and persistent mental illness. The program goal is to assist adults to successfully manage their illness, maintain stable living arrangements, and achieve other personal goals. Counseling and all other JFCS

services are available to program participants. JFCS serves the Jewish and general population.

Mental Health Initiatives Team Case Management & CSP Case Management

See listings under CSPs for Charaka, Northwest, Northside and Seward (pages 8-9).

<u>Mental Health Resources, Inc., Case Management Services</u> 2105 Minnehaha Ave.

Minneapolis MN 55404

Hours: 8:30 -5:00 Monday - Friday

Services: Community-based Targeted Case Management services provide person-centered support to adults who have been diagnosed with a serious and persistent mental illness. MHR provides personalized service to individuals living in the community who may have co-occurring medical, social and substance-abuse conditions. Case managers help individuals gain access to services needed to meet their mental health needs and assist them in their

Phone: 612-348-6978

www.jfcsmpls.org Phone: 952-546-0616

Fax: 952-593-1778

ifcs@ifcsmpls.org

www.mhresources.com

Phone: 612-333-0331

recovery.

People Inc. Phone: 612-230-6270 1315 Girard Ave N, Minneapolis, MN 55411 Fax: 612-522-7061

Hours: 8:00am-5:00pm (other hours arranged)

Services: People Incorporated - Team North, offers Targeted Case Management to adults (18+) living in Hennepin County who have severe and persistent mental illness. The service goal is to help persons live safely and productively in the community, to develop selfawareness, and to make positive plans for the future. Services may include developing a goal plan for each person, helping with housing, daily living, chemical and physical health management, financial management, educational/employment opportunities, and the use of resources and services in the community.

Resource Inc. • Spectrum Case Management Services

www.resource-mn.org 1825 Chicago Avenue S. Phone: 612-752-8206 Minneapolis, MN 55404 Fax: 612-752-8201

8 a.m. - 8 p.m., On-call weekends and after hours. Hours:

Services: Intensive case management services for adults with serious and persistent mental illness. Services are designed to assist participants to maintain safety and security in the community.

Tasks Unlimited Mental Health Case Management Services

Phone: 612-871-3320 2419 Nicollet Avenue South Minneapolis, MN 55404 Fax: 612-871-0432

Hours: 8:00 a.m. - 10:00 p.m.

Services: Targeted Case Management services for adults with serious and persistent

mental illness who are participants in the Tasks Lodge & JOB\$ programs.

Touchstone Mental Health Case Management Services

1925 Nicollet Avenue So Phone: 612-874-6409 Minneapolis, MN 55403 **Fax:** 612-874-0157

8:30 a.m. - 5 p.m., Monday-Friday (other hours arranged) Hours:

Services: Targeted Case Management services for adults with a serious and persistent mental illness. Services assist eligible individuals to gain access to medical, social, educational, vocational, and other mental health services, and assist participants to successfully remain in or return to their community. Flexible long-term supports enable many clients to reduce lengthy regional treatment center and community hospital stays or avoid nursing home placement.

Services are based on individual client needs and provided whenever possible in the client's home. The goal is to maximize clients' environmental supports for successful community living and to increase clients' quality of life.

Touchstone Mental Health Intensive Community Rehabilitative Services (ICRS)

 1925 Nicollet Avenue So.
 Phone: 612-874-6409

 Minneapolis, MN 55403
 Fax: 612-874-0157

Hours: 8:30 a.m. - 5 p.m., Monday-Friday (other hours arranged)

Services: Intensive rehabilitation services for adults with a serious and persistent mental illness. Services assist participants to successfully remain in or return to their community, and to practice ways to manage their mental illness symptoms and chemical health concerns. Rehabilitation goals can include independent living, vocational goals, and recovery goals. Flexible long-term supports help many clients reduce lengthy hospital stays or avoid nursing home placement. Service are based on individual client needs and provided whenever possible in the client's home. Touchstone ICRS is most often accessed and provided in conjunction with Touchstone Case Management Services.

COMMITMENT & COMMITMENT ALTERNATIVES

CART (Commitment Alternative Response Team)

Short-term (under 90 days) intensive services aim to reduce commitments to Anoka-Metro Regional Treatment Center and other RTCs. The team focuses on early intervention services for people referred by Hennepin County Prepetition Screening or the adult crisis team (COPE).

Clients must be a Hennepin County resident. Services include crisis management, case management, medication management, housing assistance, supportive services, and eligibility determination. Services are provided directly and through contracted agencies.

CART consults with medical providers and collaborates with Community Support Programs. When appropriate, CART refers consumers to an ACT (Assertive Community Treatment) team specifically designed to serve homeless people who are diverted from Anoka Regional Treatment Center, and facilitates access to chemical dependency treatment services.

Prepetition Screening Program (PSP)

Hennepin County Government Center 300 South Sixth Street Minneapolis, MN 55487-0160

Intake Line Hours: 7 a.m. - 3:30 p.m., Monday - Friday

Services: Psychiatric social workers, psychologists, nurses, and chemical health counselors screen individuals who are being considered for commitment because of problems related to mental illness, chemical dependency, or developmental disabilities. The program attempts to prevent unnecessary petitions and commitments by diverting individuals to voluntary alternatives whenever possible. In cases where no alternative exists, the program facilitates the commitment process by working with the treatment community, the county attorney's office, and the family. The PSP process typically takes place in a hospital setting while the patient is on a 72-hour hold, but clients may also be in a community setting. In order to obtain a screening, there must be a "Petitioner" (someone interested in committing a person) and an "Examiner's Statement" (an official statement signed by a Medical Doctor, Ph.D. Psychologist, or advanced practice nurse).

Intake Line: 612-348-2787

COMMUNITY SUPPORT PROGRAMS (CSPs)

These programs provide easy access to services for people with serious and persistent mental illness who have a history of crisis and destabilization and need ongoing assistance to maintain community stability. Services address both mental health and chemical health issues.

Mental Health Initiative Teams, also located at CSPs, provide team-based intensive case management services. CSPs also provide Rule 79 step-down case management for persons ready to leave intensive case management services.

CSPs can make referrals to other mental health resources such as outpatient treatment, crisis intervention, case management, and employability services. Program hours are flexible and include evenings and weekends.

A referral to CSP services can be made by contacting the Front Door Screeners at (612)348-4111 or e-mail: HSPH.Frontdoor.Screener@co.hennepin.mn.us.

CSP Program Sites:

Charaka CSP 7888 12 th Avenue South Minneapolis, MN 55425	TDD:	612-752-8350 612-752-8350 612-752-8351
Light House 1825 Chicago Ave. S. Minneapolis, MN 55404	TDD:	612-752-8200 612-752-8019 612-752-8203
Northwest CSP 7000 57 th Avenue N., Suite100 Crystal, MN 55428	TDD:	612-752-8300 612-752-8300 612-752-8301
Northside CSP 1309 Girard Avenue North Minneapolis, MN 55411	TDD:	612-521-2116 612-521-2116 612-287-9818
Seward CSP 2105 Minnehaha Avenue Minneapolis, MN 55404 e-mail: sewardcsp@mhresources.com	TDD:	612-333-0331 612-333-0331 612-333-5614
Vail Place 15 Ninth Ave. South Hopkins, MN 55343 e-mail: info@vailplace.org	-	952-938-9622 952-938-7934
Vail Place 1412 West 36 th Street Minneapolis, MN 55408 e-mail: info@vailplace.org	-	612-824-8061 612-824-9474
	7888 12 th Avenue South Minneapolis, MN 55425 Light House 1825 Chicago Ave. S. Minneapolis, MN 55404 Northwest CSP 7000 57 th Avenue N., Suite100 Crystal, MN 55428 Northside CSP 1309 Girard Avenue North Minneapolis, MN 55411 Seward CSP 2105 Minnehaha Avenue Minneapolis, MN 55404 e-mail: sewardcsp@mhresources.com Vail Place 15 Ninth Ave. South Hopkins, MN 55343 e-mail: info@vailplace.org Vail Place 1412 West 36 th Street	7888 12 th Avenue South Minneapolis, MN 55425 Fax: Light House 1825 Chicago Ave. S. Minneapolis, MN 55404 Northwest CSP 7000 57 th Avenue N., Suite100 Crystal, MN 55428 Northside CSP 1309 Girard Avenue North Minneapolis, MN 55411 Seward CSP 2105 Minnehaha Avenue Minneapolis, MN 55404 e-mail: sewardcsp@mhresources.com Vail Place 15 Ninth Ave. South Hopkins, MN 55343 e-mail: info@vailplace.org Vail Place 1412 West 36 th Street Minneapolis, MN 55408 Fax: Fax: Fax: Fax: Fax: Fax: Fax: Fax

CRISIS RESPONSE & INTERVENTION

Community Outreach for Psychiatric Emergencies (COPE)

Mobile Crisis Team Phone: 612-596-1223

Hours: 24 hours per day, 7 days per week

Services: COPE is a multi-disciplinary, mobile crisis response team serving adults 18+ in Hennepin County. Team members are available 24/7 to provide outreach to individuals experiencing a mental health crisis. Mobile crisis services include the following: onsite crisis assessments; risk assessments; help with de-escalating the crisis situation; helping with safety planning; referrals to a hospital for further evaluation or placement at a crisis residence; and referrals for COPE stabilization services as appropriate. COPE responds to situations that occur within the geographic boundaries of Hennepin County though residency is not necessary for initial services. Calls are accepted from persons referring themselves, treatment professionals, residential facilities, family members, or any concerned individual. The primary goal of COPE mobile crisis services is to help people to manage their mental health crises in their current setting.

<u>Crisis Connection</u>

P.O. Box 23090 Richfield, MN 55423

www.crisis.org

24/7 Community Call Center: 612-379-6363

Phone: 612-379-6388 Fax: 612-379-6391

Phone: 612-873-3161

Fax: 612-904-4232

Men's Line: 612-379-6367

outside the metro area: 866-379-6363

Hours: 24 hours/day, 7 days/week

Services: Free and confidential telephone counseling provided by trained volunteers supervised by professional staff. Early intervention and brief supportive counseling for callers with issues of depression, stress and anxiety, domestic violence, parent/child conflicts, family issues, loneliness, grief and loss, suicidal ideation and chronic mental illness.

The Men's Line is for men wanting to speak to another male about men's issues.

HCMC Acute Psychiatric Services (APS)

Hennepin County Medical Center 701 Park Avenue South Minneapolis, MN 55415

Hours: 24 hours per day, 7 days per week

Services: Emergency evaluation and short-term treatment for persons in a psychiatric crisis. The center works closely with other professionals, agencies, and community resources. Services include: crisis intervention phone service, immediate help and referral for persons threatening suicide; and walk-in crisis services on a

Nancy Page Crisis Stabilization Program • People Incorporated

Phone: 612-870-3787

Minneapolis, MN 55403 Fax: 612-870-3789

Hours: 24 Hours, 7 Days/Week

Services: Residential Treatment Crisis Stabilization services for individuals experiencing a mental health crisis which may lead to significantly reduced functioning or hospitalization if untreated. The program assists individuals in resolving the circumstances that brought them to the facility, develops a Crisis Stabilization Plan within 24 hours of admission, and designs a Crisis Prevention Action Plan. Psychiatric consultants are available to evaluate and prescribe medications if necessary, and medical staff coordinate psychiatric care with existing mental health providers.

Recipients must have a Crisis Assessment completed by an authorized health provider prior to admission. The majority of referrals are screened by the Hennepin County COPE crisis team.

All Minnesota State Health Plans and many private health insurance plans cover crisis services. Hennepin County pays for crisis services for eligible uninsured county residents. Group Residential Housing funds pay room and board costs for eligible clients.

DEAF AND HARD OF HEARING SERVICES

<u>Deaf Supportive Living (DSL) People, Incorporated</u>

Assisted Living Plus
 726 NE 2nd Street
 Minneapolis, MN 55413

Penn House
 Adult Foster Care
 1800 Penn Avenue North
 Minneapolis, MN 55411

Scott House
 Adult Foster Care
 7573 Scott Avenue North
 Brooklyn Park, MN 55443

www.peopleincorporated.org

Phone: Voice: 651-955-2626 TTY: 612-379-1032

Fax: 612-331-3587

Phone: Voice: 612-521-0642

TTY: 612-521-9869 Fax: 612-521-9889

Phone: Voice/TTY: 763-503-9343

Fax: 763-503-9813

Hours: Vary according to client need.

Services: Services to individuals who are deaf, hard of hearing, or deaf/blind, and have a mental illness. The Assisted Living Plus program houses up to 10 individuals. The Penn and Scott Houses provide adult foster care for up to 4 individuals in each house. The goal is to assist residents to develop the skills necessary to live, work, and socialize in the community. The services provide a safe environment in which residents can practice new skills such as socialization, cooking, money management, and hygiene.

<u>Deaf Mental Health Services (DMHS) • People Inc.</u>

Community Support and Housing Support Services 726 NE 2nd Street Minneapolis, MN 55413

Phone: Voice: 612-379-1070 TTY: 612-379-1079 Fax: 612-331-4547 **Services:** A drop-in center for individuals who are deaf or hard of hearing and have a mental illness. The center offers educational groups in socialization; problem solving; values clarification, goal setting; self-awareness; behavior management; communication; physical, mental health, and stress management; sexuality and relationships; leisure skills; nutrition and meal planning; safety skills, community resources; money management; and basic survival communication.

DMHS also offers outreach housing support services to foster independence for individuals who are living on their own, with family, or with friends. Staff visit clients in their homes and assist them with a wide variety of goal areas. Staff also monitor participants for signs of decompensation and communicate with appropriate mental health professionals.

HOUSING SERVICES

Hennepin County Housing Services

 1800 Chicago Avenue
 Phone: 612-879-3739

 Minneapolis, MN 55404
 Fax: 612-879-3390

Hours: 8 a.m. - 4:30 p.m., Monday - Friday

→ Housing Subsidies

- **Bridges** is a temporary state rental subsidy program similar to Section 8, for low-income adults with SPMI who are on a Section 8 waiting list. Program applications and guidelines are available through a Hennepin County Behavioral Health Case Manager or Housing Support Specialist at a Community Support Service Program.
- Transitional Subsidy (TS) provides a temporary rental subsidy for low income adults with a SPMI who meet income and benefit eligibility criteria, and are receiving mental health support services while on a Section 8 waiting list. The program provides access to housing with supportive services for eligible households. Eligibility is determined by a Hennepin County Behavioral Health Case Manager or contracted case management provider.
- Shelter Plus Care (S+C) is a permanent federal subsidy that is not "portable" or transferable to other counties or states. Long-term housing and supportive services are targeted to homeless (must meet federal definition of homeless) low income households with an adult member who has a SPMI. Program applications and guidelines are available through a Hennepin County Behavioral Health Case Manager or a Housing Support Specialist at a Community Support Services Program (CSP).
- Group Residential Housing (GRH) Demonstration Project is a state-funded program for adults with a SPMI, chemical dependency, or HIV/AIDS who are living in a non-licensed community setting and who cannot function in an independent living setting without support services. Eligibility criteria include individuals that are not able to secure housing due to significant criminal, rental or credit problems.

Application information and applications can be made directly to:

Mosaic Apartments	612-871-5800
ReEntry House	612-243-4112
Project Offstreets	612-252-1242
Elim (MI/CD) Families	612-788-1546

> Onetime Funds

Crisis Housing Funds: Flexible grant funding provides short-term housing assistance to persons receiving inpatient psychiatric treatment. It is administered by Minnesota Housing Partnership (MHP). For an application, contact MHP @ 651-649-1710, ext.100.

RCSS Housing Support Specialist Fund provides a one-time application fee and damage deposit match for persons with SPMI who are Hennepin County residents and are working with a Housing Support Specialist. These funds are not intended for persons eligible to receive services from Behavioral Health Case Management or the Front Door. Program guidelines and applications are available through a Housing Support Specialist at a Regional Community Support Services Program (RCSS) or Community Support Program (CSP).

Moving Network Fund: This grant provides up to \$140, paid directly to the service provider, for moving expenses for Hennepin County residents with a SPMI who are without financial resources, and are ineligible for assistance from a traditional social service program. Program guidelines and application material are available through a Hennepin County behavioral health case manager or housing support specialist at a Regional Community Support Services Program (RCSS) or Community Support Program (CSP).

>Permanent Housing with Services

Mental Health Resources, Inc.

Stevens Supportive Housing Program provides subsidized apartments and supportive services to 40 homeless adults with mental illness who need support services to maintain housing. Housing is available at a number of apartment sites. Call 612-752-8208 for more information.

Central Apartments provides 61 efficiency apartments for sober homeless single adults with a dual diagnosis of mental illness and chemical dependency or a diagnosis of chemical dependency. For more information, call 612-782-2991.

Resource, Inc.

Spectrum Community Mental Health Homeless Project provides subsidized housing and supportive services to 40 homeless adults with mental illness who need support services to maintain housing. Housing is available at a number of apartment sites.

Call 612-752-8208 for more information.

Spectrum Community Mental Health Permanent Housing Options

Sites include: Kosciolek House (11 Units), Robert Will Community Housing (11 Units), Four Season Community Housing (7 Units) and CIP Housing (4, 2 bedroom apartments (for single women with children) and a 3 bedroom home (for younger adult males)). Call 612-752-8206 for more information. Spectrum also provides supportive services at Salvation Army's Hope Harbor.

Bristol Place Shared Housing (7 properties) Call 612-871-0805 for more information.

Community Involvement Programs (CIP) Shared Housing

Housing options include adult foster homes, shared living in single family homes, and independent living in apartments. The foster care beds serve individuals who have a Hennepin County case manager, Medical Assistance, and a history of repeated failed attempts at community living with supports. Tenants may receive in-home support services through CIP's home health agency. Home health services are paid by Medical Assistance and can include visiting nurses, home health aides, and in-home psychotherapy. For more information, call 612-362-4417.

Kelly Apartments, Inc. (6 - one bedroom Section 8 apartments) Call 612-362-4417 for more information

Matura Amandura anta (A. Castiana O buildinas

Located in Bloomington. For more information, call 612-869-2411.

> Supportive Housing Advocacy

Quality Assurance & Housing Committee, Hennepin County Mental Health Advisory Council

This committee of consumers, family members, and service providers meets monthly to advocate for housing-related issues. Meetings are held at 1 p.m. on the 4th Monday of each month at Spectrum Lighthouse, 1825 Chicago Avenue South, Minneapolis.

Phone: 612-347-2218

MENTAL HEALTH OUTPATIENT AND COUNSELING SERVICES

Adult Psychiatry Clinic at HCMC

Adult Psychiatry Clinic Shapiro Building, Suite S1.110 914 S. 8th St. Minneapolis, MN 55415

Hours: 8 a.m. - 4:30 p.m., Monday through Friday

Services: We provide full psychiatric services to adults aged 18 and older, including

evaluation and management, as well as individual and group therapy.

Child Adolescent Psychiatry Clinic at HCMC

Child Adolescent Psychiatry Clinic www.hcmc.org
Red Building, 7th Floor, Suite 255
701 Park Avenue
Minneapolis, MN 55415

www.hcmc.org
Phone: 612-873-2617

Hours: 8 a.m. - 5 p.m., Monday through Thursday

Services: We provide a full range of mental health (including integrated treatment for cooccurring substance use issues) and health psychology services to children and adolescents ages 2-18 and their families. Services include medication evaluation and management, clinical psychological and neuropsychological assessments, and psychotherapy services by doctorate level psychologists (including individual and family therapy as well as parent skills training).

<u>Community-University Health Care Center (CUHCC)</u>

Outpatient MH and Case Management Program
2001 Bloomington Avenue South
Minneapolis, MN 55404

www.ahc.umn.edu/cuhcc
Phone: 612-638-0700 x269
Fax: 612-638-0685

Hours: 8 a.m. - 5 p.m., Monday, Wednesday, Friday,

8 a.m. - 7 p.m., Tuesday and Thursday

Services: Individual, couples, family, and group outpatient treatment, mental health case management, adult rehabilitative mental health services (ARMHS), mental health screening and assessment, information and referral, crisis counseling, and support groups. The agency serves primarily low income, minority, or special populations (particularly African Americans, Native Americans, Southeast Asians, Somalis, Latinos, and lesbians and gay men). Priority is given to participants in the agency's medical program, and to residents of

south central Minneapolis. The program also works closely with schools and other agencies that focus on minorities. Translators are available for Laotian, Vietnamese, Hmong, Khmer (Cambodian), Spanish, and Somali.

Headway Emotional Health Services (HEHS)

701 Decatur Avenue North, #109
Golden Valley, MN 55427

Phone: 763-746-2400
Fax: 763-746-2401

Hours: 8 a.m. - 5 p.m., Monday and Friday / 8 a.m. - 6:30 p.m., Tuesday—Thursday **Services: HEHS** serves children, adolescents, and adults and offers specialized services for persons recovering from serious and persistent mental illness. Individual, family, and group outpatient treatment, assessment, medication management, treatment for domestic abuse, educational programs, and an outreach program to family resource centers and schools. The County contracts with the Headway Emotional Health Services (HEHS) for medication management services only.

Hennepin County Mental Health Center

Central Scheduling: 612-596-9438 Fax: 612-879-3824

www.co.hennepin.mn.us

www.headway.org

2nd and 3rd Floors, Nicollet Exchange Bldg.

Minneapolis, MN 55403

1801 Nicollet Avenue

Hours: 8 am - 5 pm Monday, Tuesday, Thursday, Friday and 8 am - 6 pm Wednesday **Services:** Outpatient services for children, adolescents, adults, and families. The Center serves adults with serious mental illness or substance abuse who are currently in crisis or at risk of destabilization. The Center also serves children and adolescents who are severely emotionally disturbed, have been abused or neglected, or have been court ordered for a psychological evaluation. Parents involved in child protection may be seen for evaluation or therapy. Services include consultation, diagnostic assessment, psychiatric and psychological evaluation, individual, family, and group therapy, medication management, co-occurring mental illness and substance abuse.

Fees are paid by Minnesota Health Care Programs, Medicare, and most private insurance. Uninsured persons may pay a rate based on income.

NorthPoint Health & Wellness Center

 1313 Penn Avenue North
 Phone: 612-302-4600

 Minneapolis, MN 55411
 TDD: 612-302-3852

Hours: M-F 8:30 am - 5 pm and Sat. 8 am - noon

One-stop center for medical, dental, mental health, and social services. Interpreters are available for non-English speaking patients. North Point accepts virtually all major medical and dental insurance plans, including Medicaid and Medicare. Low-income patients may be eligible a reduced fee program.

Walk-In Counseling Center

www.walkin.org

 2421 Chicago Avenue South
 Phone: 612-870-0565

 Minneapolis, MN 55404
 Fax: 612-870-4169

Counseling Hours: 1 p.m. - 3 p.m. Monday, Wednesday, Friday **and** 6:30 p.m. - 8:30 p.m., Monday - Thursday

Office Hours: 8 a.m. - 5 p.m. Monday - Friday

Services: Unscheduled counseling and short-term treatment services to individuals and families. Services are primarily for persons who feel alienated from other resources, or

are unaware of available resources, and are provided on a free, walk-in basis, generally for no more than five sessions. When necessary, the agency refers clients to other mental health and human service providers. The agency also provides consultation and training services to a variety of community agencies.

MENTAL HEALTH RESIDENTIAL PROGRAMS

▶ Intensive Residential Treatment Services (IRTS)

IRTS are short-term residential services for Hennepin County residents with a serious and persistent mental illness who have major functional deficits, are at risk of significant functional deterioration, and otherwise would require hospitalization. IRTS develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency, and skills to live in a more independent setting. Services are directed toward a targeted discharge date, with specified client outcomes. Services are provided 24 hours, 7 days a week.

Anchor House • People Incorporated	www.peopleincorporated.org
1210 Cineral Assessed North	Dhamas (42 F20 2040

Bill Kelly House

3104 East 58th Street **Phone:** 612-726-1502 Minneapolis, MN 55417 **Fax:** 612-726-1009

Carlson-Drake House

Northwest Residence

4408 - 69th Avenue N. **Phone:** 763-566-3650 Brooklyn Center, MN 55429 Fax: 763-566-4217

Oasis Residence

6739 Golden Valley Road **Phone:** 763-544-1447 Golden Valley, MN 55427 **Fax:** 763-544-0833

ReEntry House

 5812 Lyndale Avenue S.
 Phone: 612-869-2411

 Minneapolis, MN 55419
 Fax: 612-869-0313

Tasks Unlimited - Interlodge

5141 William Avenue Phone: 952-767-0360 Edina, MN 55360 Fax: 952-922-8892

Tasks Unlimited Training Center*

4029 Utica Avenue South Phone: 952-928-9390 St. Louis Park, MN 55416 FAX: 952-836-2410

Referred to as the *Lodge Training Program* because it primarily serves clients that are going into the *TASKS Lodge* or *JOB\$* programs.

Touchstone Residential Treatment

2516 East 24th St. **Phone:** 612-722-1892 Minneapolis, MN 55406 **Fax:** 612-722-1983

> Other Residential Services

Bristol Place

 202 Ridgewood Avenue
 Phone:
 612-871-9177

 400 Ridgewood Avenue
 612-871-1819

 209/420 Ridgewood Avenue
 612-871-4187

 412 Ridgewood Avenue
 612-871-0805

 Minneapolis, MN 55403
 Fax:
 612-871-0455

Hours: 24 hours, 7 days/week

Services: The four facilities, with a total of 51-beds, provide long-term housing with supports to adults who have been diagnosed with a SPMI. The goal is to enable each resident to maintain mental health stability and live as independently as possible in the community. Services include 24-hour supervision, meals, monitoring of self-administered medications, and monitoring residents' physical, emotional, and mental health. Guidance in using social, leisure and recreational activities, learning activities of daily living skills, and crisis awareness and response is also provided.

Community Involvement Program- MH Services

www.cipmn.org

1600 Broadway Street NE, Suite #1 Phone: 612-362-4449
Minneapolis, MN 55413 Fax: 612-362-4479

Hours: 9 a.m. - 5 p.m., Monday - Friday

Services Safe, affordable housing and support services for adults with SPMI. Services include mental health counseling, independent living skills training, crisis assistance, and medication monitoring. CIP's housing options include adult foster homes, shared single family homes, and independent living in apartments. The foster care beds serve individuals who have a Hennepin County case manager, Medical Assistance, and a history of repeated failed attempts at community living with supports. Tenants have the option to receive inhome support services through CIP's home health agency. Home health services can include visiting nurses, home health aides, and in-home psychotherapy.

Oak Grove Care Center

1822 Park Avenue Phone: 612-871-5800 Minneapolis, MN 55404 Fax: 612-872-6815

Hours: 24 hours, 7 days/week

Services: Customized Living, providing CADI and TBI Medicaid waiver services to persons with a serious & persistent mental illness. Services include Assisted Living Plus (food, lodging, protection, supervision, household services, living skills assistance, medications assistance safeguarding cash resources), Chore Services (heavy household chores such as washing floors, windows, walls, moving heavy items, or shoveling snow), Home Health Aide, Extended, Homemaker Services (meal preparation, routine household care, shopping and errands, assisting with daily activities, arranging transportation, providing emotional support and social stimulation and monitoring safety and well-being), Independent Living Skills (assistance with self-care, communication skills, socialization, sensory/motor development, reduction or elimination of maladaptive behavior, community living and mobility), and Registered Nurse Services-Extended.

IVY Apartments-An Intentional Community

24 Pillsbury Ave. S. Phone: 763-537-6612

Minneapolis, MN 55408

Hours: 24 hours, 7 days/week

Services: Daily on-site housing support services for adults with a serious mental illness who have significant difficulties retaining housing. The primary goal is to promote housing retention by means of skill teaching, building and contributing to community and socialization. Initial eligibility is for clients served through Assertive Community Treatment Services or discharged from Intensive Residential Treatment Services (IRTS) facilities.

Unlimited Mental Health Services <u>Tasks</u> Lodge

www.tasksunlimited.or

www.supportivelivingservices.org

2419 Nicollet Avenue S. Phone: 612-871-3320 Minneapolis, MN 55419 Fax: 612-871-0432

24 hours, 7 days/week

Services: Psychosocial, vocational, residential, case management, and support services for adults with serious and persistent mental illness. Lodge clients live in small households of 4-8 persons. The Lodge Program is guided by the Fairweather model of peer group governance, employment, recreation, and psychiatric support. The JOB\$ Program also serves clients who do not reside in the lodges, the JOB\$ Training Program is for clients who need to acquire the prerequisite skills to enter the JOB\$ Program. Clients are employed by Tasks Unlimited Building Services or other community employers.

Mental health services include case coordination, medication management, training in personal care, basic living skills, financial management, and group living skills, crisis services, social and recreational opportunities, advocacy, and supportive counseling.

<u>Tender Lo v ing Car e • Adult Fo</u> ster Care

610 West River Parkway Phone: 763-323-1447 Fax: 763-323-3965 Champlin, MN 55316

Services: Adult Foster Care for adults with serious and persistent mental illness.

Touchstone Assisted Living Apartments

assistedliving@touchstonemh.org 7376 Bass Lake Road Phone: 763-536-8134

New Hope, MN 55428

24 hours, 7 days/week

Services: Touchstone is an Assisted Living Plus facility that provides CADI and TBI Medicaid waiver services to SPMI clients, including: Assisted Living Plus (food, lodging, protection, supervision, household services, living skills assistance, medications assistance safeguarding cash resources), Chore Services (heavy household chores such as washing floors, windows, walls, tacking down loose rugs or tiles or moving heavy items or shoveling snow to provide safe access), Home Health Aide, Extended, Homemaker Services (meal preparation, routine house-hold care, shopping and errands, assisting with daily activities, arranging transportation, providing emotional support and social stimulation and monitoring safety and well-being), Independent Living Skills (assistance with selfcare, communication skills, socialization, sensory/motor development, reduction/elimination of maladaptive behavior, community living and mobility), and Registered Nurse (RN) Services-Extended.

Touchstone Intentional Communities

www.touchstonemh.org 1925 Nicollet Ave Phone: 612-767-3881

Minneapolis, MN 55403

24 hours, 7 days/week

Services: Touchstone Intentional Communities provide permanent housing to adults with serious and

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persistent mental illness by locating and subsidizing apartments, providing ind services to maintain housing, and developing intentional communities that belonging through self-governance, groups and activities and communal meals.	ividualized supportive promote a sense of

VOCATIONAL SERVICES

◆ Hennepin County Vocational Services Program (VSP)

1800 Chicago Avenue Phone: 612-879-3007 Minneapolis, MN 55404 Fax: 612-879-3688 TDD: 612-879-3800

Hours: 8 a.m. - 4:30 p.m., Monday - Friday

Eligibility: Must be age 18 or older, reside in Hennepin County, have a mental health or chemical health diagnosis, and be referred by a Hennepin County Behavioral Health case management team or state Department of Employment and Economic Development (DEED) Rehabilitation Services counselor.

Services: VSP is a nationally accredited (CARF) rehabilitation program providing vocational services to individuals who reside in Hennepin County, have mental health or chemical health issues, and wish to re-enter the workforce. VSP provides a full array of vocational services, including ARMHS, with a goal to improve vocational functioning. Services include:

Work Readiness and Work Evaluation Group and individual services to help participants address barriers to employment, identify a good job match, manage benefits, improve computer skills, learn about community resources, and explore work options.

Job Placement services include job-seeking skills training and support, and individual job placement services provided to individuals referred by Minnesota DEED Rehabilitation Services.

Extended Employment services help individuals maintain employment, manage benefits, and advance in their careers.

Gateways to Opportunities (GTO)

 1800 Chicago Avenue
 Phone: 612-879-3007

 Minneapolis, MN 55404
 Fax: 612-879-3811

 TDD: 612-879-3800

 Hours: 8 a.m. - 4:30 p.m., Monday - Friday
 Intake: 612-879-3007

Services: A range of vocational services including outreach, work readiness, placement, job coaching and follow-up support for individuals with a serious and persistent mental illness. Individuals must be clients of a Mental Health Initiative Team.

Vspresso Coffee

 525 Portland Avenue South
 Phone: 612-348-5777

 Minneapolis, MN 55415
 Fax: 612-879-3688

Hours: 7:30 a.m. - 3 p.m., Monday - Friday

Services: Vspresso Coffee is a Hennepin County-owned gourmet enterprise operated by county staff and VSP employees. The program provides vocational exploration experiences, training, and employment in the coffee industry. Revenue that is generated from this business is reinvested into behavioral health programs.

◆ Jewish Family & Children's Services

13100 Wayzata Blvd. (Suite 300)
(Hwy. 394 and Plymouth Road)
Minnetonka, MN 55305

Phone: 952-591-0300
Fax: 952-591-0227
E-mail:jvs@mvsmn.org

www.jfcsmpls.org

Hours: 9 a.m. - 5:30 p.m., Monday - Friday

Services: Assessment, training, community-based supported employment, job counseling and placement, and follow-up for adults with serious and persistent mental illness. Services are provided at the program office and other sites in the community. JVS is a broad-based vocational service agency that offers CARF-accredited vocational rehabilitation services, accredited career counseling, services to refugees, and a number of training and welfare-to-work programs.

◆ Rise, Inc. - Supported Employment Services

www.rise.org

2003 Central Avenue NE Phone: 612-781-3114 Minneapolis, MN 55418 Fax: 612-781-1288

Services: These vocational services provide supported employment to adults with serious and persistent mental illness who are residents of Hennepin County. Program employees assist individuals in obtaining and maintaining employment in the community. Staff provide job development, customized employment, self-employment assistance, resume development, interviewing skills training, benefits planning, job coaching, long term follow up supports, short term transitional work experiences within a community business, and other services necessary to promote self-sufficiency. Rise has stationed one counselor at the North Minneapolis Workforce Center (1200 Plymouth Ave. North) to serve a variety of individuals with various disabilities.

Tasks Unlimited - Supported Employment Services

www.tasksunlimited.org

2419 Nicollet Avenue S. Phone: 612-871-3320 Minneapolis, MN 55404 Fax: 612-871-0432

Hours: 8:30am - 4:30pm, Monday through Friday

Services: Eligible individuals must be clients of Tasks Unlimited Mental Health Services program The supported employment program offers mental health services, paid on-the-job training and basic living skills development. Staff and peers understand mental illness and provide accommodations that allow program participants to complete their work with excellent quality. Trainees learn how to cope with their mental illness symptoms and find appropriate interventions before mental health deterioration. Participants can take part in the supported employment program with or without supported housing. All participants must qualify for and complete one of Tasks Unlimited paid training programs upon admission. Program participants are employed through Tasks Unlimited Building Services, a subsidiary of the organization that provides janitorial service, mailroom assistance and grounds maintenance for businesses.

Vail Place www.vailplace.org

Minneapolis - 1412 West 36th Street Phone: 612-824-8061

Minneapolis, MN 55408 Fax: 612-824-9474

Hours: Monday: 9am - 4:30pm, Tuesday, Wednesday, Thursday: 9am - 7:30pm,

Friday: 10am - 4:30pm, Alternate Saturdays: 11-2pm

Hopkins - 15 Ninth Avenue South

Phone: 952-938-9622 Hopkins, MN 55343 Fax: 952-938-7934

Hours: Monday & Wednesday 8:30am-4:30pm, Tuesday & Thursday 8:30am-7pm,

Friday 8:30am—4:30pm, Alternate Saturdays: 12-3pm

Services: Vail Place operates according to a "clubhouse" model of psychosocial rehabilitation for adults with serious and persistent mental illness. Programs include vocational assessment, training, and counseling, transitional and supportive employment, supportive housing services, and social/recreational programs.

Chemical Health Assessment Services

Several agencies throughout the community provide Rule 25 chemical use assessments. To obtain information about eligibility and resources to obtain a chemical use assessment, contact the Front Door at 612-348-4111.

Hennepin County Chemical Health Placement Review Team

Central CH Access Unit - Hennepin County Chemical Health Placement Review Team

1800 Chicago Avenue Phone: 612-879-3671
Minneapolis, MN 55404 Fax: 612-466-9565

The CH Placement Review Team reviews chemical use assessments of Hennepin County residents whose substance abuse/addiction treatment will be paid for by the state Consolidated Chemical Dependency Treatment Fund (CCDTF). Treatment providers designated to provide assessment services for Hennepin County residents must fax assessments to the placement team for treatment authorization. A Client Placement Authorization form must be signed by the county before a provider can accept a client for treatment.

Chemical Health Treatment Programs

Hennepin County does not contract with CD treatment providers. The listing in this directory may be incomplete. For an up-to-date list, check the state Department of Human Services website http://www.dhs.state.mn.us/Licensing/ProgramLists/pdf/flcdt.pdf. Search for Hennepin County programs by typing *Ctrl-F* then type *Hennepin* in the search box. There are about 64 licensed Chemical Health treatment providers in Hennepin County.

African American Family Services

 2614 Nicollet Ave
 Phone: 612-871-7878

 Minneapolis, MN 55408
 Fax: 612-871-2567

Services: Non-residential treatment primarily for African-Americans age 18 and older. AAFS also offers adult and adolescent chemical health assessments for the Somali population. While AAFS is a culturally specific program, chemical health assessments are available to the general public (non-culturally specific) for all adolescents and adults. AAFS is licensed to provide mental health services and mental health diagnostic services, including. MI/CD dual diagnosis services.

Alliance Clinic

3329 University Avenue SE Minneapolis, MN 55414

Services: Non-residential narcotic replacement treatment services and maintenance services to men and women, age 18 and older. The Hennepin County Clinical Review Team determines client eligibility for most methadone requests, regardless of treatment funding source.

www.AAFS.net

www.meridianprograms.com

Phone: 612-638-2260

Fax: 612-638-2340

ARK Counseling/Plymouth (Butts, Lindgren & Assoc.)

1884 Berkshire Lane N. Phone: 763-559-5677 Fax: 763-559-2116 Plymouth, MN 55447

(**mailing address: See Lifestyle Counseling of Richfield/Bloomington)

Services: Non-residential treatment and treatment for multiple DWI offender adults age 18 and older. Transportation is available for all services.

<u>Avalon - Prospect Park</u>

www.meridianprograms.com 3329 University Avenue SE Phone: 612-638-2282 Minneapolis, MN 55414 **Fax:** 612-638-2340

Services: Avalon provides a comprehensive non-residential, dual diagnosis mental illness/ chemical dependency (MI/CD) treatment services to men and women, age 18 and older. The program includes the use of psychotropic medications, as needed.

Chrysalis, A Center for Women & Tubman Family Alliance www.chrysaliswomen.org

4432 Chicago Avenue Phone: 612-871-0118 Minneapolis, MN 55407 Fax: 612-870-2403

Services: Outpatient day and evening treatment for women co-occurring mental illness/ chemical dependency disorders. Services include psychotropic medications, prescribed and monitored as needed. On-site childcare is provided for clients receiving services.

Club Recovery

www.clubrecoveryllc.com 6550 York Avenue S. Phone: 952-926-2526 Edina, MN 55435 Fax: 952-926-6791

Services: Non-residential treatment services to male and female adults, age 18 and older. Clients with serious and persistent mental illness are accepted provided they are compliant with medications and do not interrupt the group process. The provider also offers compulsive gambling treatment.

CLUES (Comunidades Latinas En Servicio, Inc)

www.clues.org 720 East Lake St. Phone: 612-746-3500 Minneapolis, MN 55407 Fax: 612-871-1058

Services: Non-residential chemical dependency and dual diagnosis mental illness/chemical dependency treatment services. Two programs are available: one for Spanish-speaking only men and women, age 18 year and older, and another for Hispanic adolescents, age 13 - 17. CLUES is also a licensed Rule 29 mental health facility.

C.R.E.A.T.E. www.chemicalhealth.com

1911 Pleasant Avenue Phone: 612-874-9811 Minneapolis, MN 55403 Fax: 612-874-9820

Services: Non-residential treatment services for men and women age 18 or older.

Fairview Behavioral Services Adult MI/CD Program

www.fairview.org

Fairview-University Medical Center, Riverside Rehabilitation Center R120

2450 Riverside Avenue **Phone:** 612-672-2736 (Intake) MI/CD Program Phone: 612-672-5060 Minneapolis, MN 55454 Programs: Fax: 612-672-6572

• S.T.O.P. (Adolescent-Short Term Outpatient Preparation) Fax: 612-673-4860 S.T.O.P. is an evaluation unit, but also prepares adolescents for outpatient treatment and provides inpatient chemical health treatment to adolescents age 12 through 17.

Adult Services Phone: 612-273-4442 Serves men and women, age 18 and older Fax: 612-273-4444

Hearing Impaired Phone: 612-273-4402

Serves hearing-impaired men and women, age 16 and older TDD: 612-273-4114

Fax: 612-273-4516

Fairview Behavioral Services—(non-residential) Central Intake Phone: 612-672-2222

*contact Central Intake for all referrals Fax: 612-672-6572

■ Fairview Behavioral Services, Crystal Phone: 763-541-4993

2960 Winnetka Avenue N., Crystal, MN 55427 Fax: 952-924-5808

This program serves adolescents and adults.

■ Fairview Behavioral Services, Edina

Southdale Place Building Phone: 952-924-5901 3400 West 66th St, Suite 400, Edina, MN 55435 Fax: 952-924-5808

This program serves men and women, age 18 and older.

■ Fairview Behavioral Services, Riverside

Fairview-University Medical Center Phone: 612-672-6572

2450 Riverside Avenue, Minneapolis, MN 55454 Fax: 612-672-4444

Primary day and evening outpatient services for men and women age 18 and older. Outpatient services for seniors are also available.

■ Fairview Behavioral Services Adult MI/CD Program **Phone:** 612-672-6600 (MH Intake)

Riverside Rehabilitation Center R120 Phone: 612-672-5060

2450 Riverside Avenue, Minneapolis, MN 55454 Fax: 612-273-5061

Primary day outpatient services for men and women age 18 and older with co-occurring substance abuse and other mental health diagnosis.

First Nations Recovery Program

www.overcomersministry.org

Overcomers Outreach Ministries

2020 Bloomington Avenue South Phone: 612-871-1208 Minneapolis, MN 55404 Fax: 612-871-1219

Services: Culturally-specific treatment services to Native American men and women age 18 years and

older.

Minneapolis, MN 55404

HFA (Hennepin Faculty Associates) Addiction Medicine www.hfahealth.com

914 South 8thStreet, Suite D131 Phone: 612-347-7600 Minneapolis, MN 55404 Fax: 612-347-7615 807 Park Avenue Phone: 612-347-0950

Services: Non-residential pharmacotherapy narcotic replacement (methadone, naltrexone, antabuse, and buprenorphine (for medical detox only) treatment services for adults age 18 and over). A Hennepin County Clinical Review team determines appropriateness of service for all Methadone maintenance applicants, regardless of the source of payment.

House of Charity • Day By Day Program

www.houseofcharity.org 510 South 8th Street Phone: 612-594-2000 Minneapolis, MN 55404 Fax: 612-594-2020

Services: Non-residential treatment services for low income and homeless adults. Housing is available and paid through Group Residential Housing funds.

Fax: 612-347-0955

Indian Health Board

1315 East 24th Street Phone: 612-721-9868 Minneapolis, MN 55404 Fax: 612-721-9850

Services: Chemical Health Assessments and referrals for treatment. IHB does not provide chemical dependency treatment services.

<u>Lifestyle Counseling of Mound</u>

2389 Blaine Avenue (P.O. Box 11) Phone: 952-472-3444 Navarre, MN 55392 Fax: 763-972-2479

Services: Primary and relapse outpatient treatment for men and women age 18 and older. Transportation to the program is available.

Lifestyle Counseling of Richfield/Bloomington

9613 Girard Avenue South Phone: 952-888-3511 Bloomington, MN 55431 Fax: 952-888-3088

(Corporate address: Butts, Lindgren & Assoc., PO Box 20667, Bloomington, MN 55431)

Services: Non-residential treatment service for men and women age 18 and older. A program for multiple DWI offenders is also offered.

Living Free Recovery Services • Living Word Christian Center www.recoverylwcc.org 9201 75th Avenue N. Phone: 763-315-7170

Brooklyn Park, MN 55428 Fax: 763-315-7177

Services: Non-residential treatment services for men and women age 18 and older who are seeking faith-based treatment. Limited housing is available with this program.

M icah Ho use • Victory Through

Faith

3045-5th Avenue South Phone: 612-827-0484 Fax: 612-827-0485 Minneapolis, MN 55408

Services: Culturally specific residential treatment services for African-American men age 18 and older who are seeking a faith-based Afro-centric urban treatment experience.

Minnesota Indian Women's Resource Center • N okomis Endaad

2300 15th Avenue South, Minneapolis

Services: Outpatient chemical and mental health services for Native American women. MIWRC emphasizes serving Native America women located in the metro area, providing culturally based treatment options to respond to the disproportionately high rates of substance abuse, mental health issues, and sexual trauma among Native American women. The program is client-centered, addressing each woman's individual strengths and needs. It incorporates traditional healers and spiritual practices and therapeutic methods to address trauma. Housing is available.

Minnesota Teen Challenge

www.mntc.org 1619 Portland Avenue Phone: 612-373-3366 Minneapolis, MN 55404 Fax: 612-333-4111

Services: Residential and non-residential treatment services for adolescents age 13-17 and adults age 18 and older who are seeking a faith-based treatment experience.

New Perspectives Behavioral Health

6425 Penn Avenue Phone: 612-465-8110 Richfield, MN 55423 Fax: 612-455-2568

Phone: 612-728-2019

Services: Residential treatment with culturally-specific programming for African-American adults age 18 and older.

NorthPoint Health and Wellness Center Inc.

1315 Penn Avenue, Minneapolis, MN

Primary services hours: Monday, Tuesday, Thursday, and Friday from 9:00 a.m. to 6:00 p.m.

Services: Adult outpatient mental health and chemical dependency/abuse treatment services. Therapeutic techniques include motivational interviewing, client-centered therapy, cognitive behavioral therapy, health realization, relapse prevention, individual talk therapy, and group therapy. Clients participate in group lectures and individual sessions according to their treatment plan. Integrated comprehensive medical and social services enhance personal recovery, selfactualization, stability, and independence. Mental health and chemical health issues are addressed throughout all activities and treatment objectives, to achieve the best possible outcome. Family and significant others are encouraged to participate in the client's recovery and, with appropriate releases, family may meet with counselors or therapists.

NuWay House I / NuWay House II

House I Phone: 612-872-0506 2200 - 1st Avenue South Intake phone: 612-872-0495 Minneapolis, MN 55404 Fax: 612-870-3796

House II Phone: 612-872-0506 2518 - 1st Avenue S. Intake phone: 612-872-0495 Minneapolis, MN 55404 Fax: 612-870-3796

Services: Residential, dual diagnosis chemical dependency and mental health treatment services for men age 18 and older.

Omegon • Volunteers of America (VOA)

www.voamn.org 2000 Hopkins Crossroad Phone: 952-541-4738 Minnetonka, MN 55205 Fax: 952-541-9548

Services: Residential treatment services for adolescents age 12 through 18 who are experiencing serious emotional, social, behavioral, and substance abuse disorders. Most often clients have had prior treatment or short-term stabilization experiences prior to coming to Omegon. A majority of clients have major mental health and substance abuse conditions.

On-Belay House

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Phone: 763-542-9212 115 Forest view Lane N. Plymouth, MN 55441 Corporate Phone: 763-559-6601

Fax: 763-546-3915

www.anthonylewiscenter.co

Phone: 612-543-2740

www.nuwavhouse.org

Services: Residential treatment services for adolescents age 13 - 18. Licensed by the State of MN as a Children's Residential Facility with a certificate to provide chemical dependency services.

Park Avenue Center

www.parkavenuecenter.com 2318 and 2525 Park Avenue Phone: 612-871-7443 Minneapolis, MN 55404 Fax: 612-871-0194

Services: Basic, intensive, relapse, and long-term non-residential treatment for adults age 18 and older with co-occurring mental illness/chemical dependency. Housing is available for clients in the intensive and long-term programs.

People Incorporated • Huss Recovery Services

www.peopleincorporated.org • 1315 Girard Avenue North Phone: 612-287-2340 Fax: 612-588-3561 Minneapolis, MN 55411



dependency.

 2120 Park Avenue Minneapolis, MN 55404

Services: Residential treatment for adults with co-occurring mental illness & chemical dependency.

PRIDE Institutewww.pride-institute.com14400 Martin DrivePhone: 952-934-7554

Eden Prairie, MN 55344 Fax: 952-934-8764

2836 Lyndale Avenue N. (non-residential services only)

Minneapolis, MN 55411

Hours: 24 hours/day, 7 days/week

Services: Residential and non-residential treatment services to a national community of gay, lesbian, bisexual and transgender (GLBT) men and women age 16 and older who have chemical dependency and other addictions.

Progress Valley Iwww.progressvalley.org3033 Garfield AvenuePhone: 612-827-2517Minneapolis, MN 55408Fax: 612-827-8112

Services: A residential treatment program for men age 18 and older.

Progress Valley II www.progressvalley.org

308 East 78th Street Phone: 612-869-3223 Richfield, MN 55423 Fax: 612-869-3225

Services: A residential treatment program for women age 18 and older.

RS Eden www.rseden.org
1025 Portland Avenue Phone: 612-338-4488
Minneapolis, MN 55404 Fax: 612-338-3653

Services: Residential and non-residential treatment services to adults age 18 and older. Housing for Day Treatment clients is available at Beattie Manor for men and at The Lorraine for women with one or two children up to age 12.

Recovery Resource Center (RRC) • Resource, Inc. www.resource-mn.org

 1900 Chicago Avenue
 Phone: 612-752-8000

 Minneapolis, MN 55404
 Fax: 612-752-8051

Services: Non-residential treatment services for adults ages 18 and older. Men's and women's housing is available. RRC offers an integrated dual-diagnosis program for persons with mental illness and chemical dependency.

Regio ns Ho spit al • New Connection Program www.regionshospital.com

6446 City West Parkway, Suite B Phone: 952-941-5151 Eden Prairie, MN 55344 Fax: 952-941-4939

Services: Non-residential treatment services to adolescents age 12-18 (or age 19 who have not completed high school and are under adult supervision).

River Ridge Treatment Center www.fpage.com/rrtc

Address: 15612 Highway 7, #150 Phone: 952-936-0304
Minnetonka, MN 55345 Fax: 952-936-2454

Services: Non-residential treatment services to adults age 18 and older.

Salvation Army • Beacon Program

www.thesalarmy.com 1010 Currie Avenue Phone: 612-338-0113 Minneapolis, MN 55403 Fax: 612-338-4717

Services: Residential and non-residential treatment services for men age 18 and older. The Beacon program provides room and board separate from the general shelter population.

3 R's • NuWay

Phone: 612-789-8030 2220 Central Avenue NE Minneapolis, MN 55418 Fax: 612-789-8087

Services: Non-residential treatment services for adults age 18 and older.

Telesis (C.R.E.A.T.E.)

Adult Correctional Facility

1145 Shenandoah Lane Phone: 763-475-4299 Plymouth, MN 55447 Fax: 763-475-4297

Services: Primary and relapse outpatient treatment services to inmates housed at the Hennepin County Adult Correctional Facility.

Turning Point www.theturningpoint.org

500 Golden Valley Road Phone: 612-520-4004 Intake Phone: 612-520-9388 Minneapolis, MN 55411 Fax: 612-520-0047 Phone: 612-588-0707 Treatment with Room & Board 1105 - 16th Avenue North Intake Phone: 612-520-9388 Minneapolis, MN 55411 Fax: 612-827-8112

Services: Culturally-specific residential treatment for African-American men age 18 and older.

Vinland Center www.vinlandcenter.org P.O. Box 308. Phone: 763-479-3555 3675 Iduhapi Road Fax: 763-479-2605

Loretto, MN 55357

Services: Residential treatment services for brain-injured adults age 18 and older.

<u>Vinland Center</u> • Courage Center

www.vinlandcenter.org 3915 Golden Valley Road Phone: 763-588-0811

Golden Valley, MN 55422

Services: Non-residential treatment services for brain injured adults age 18 and older.

Wayside House, The

www.waysidehouse.or

3705 Park Center Boulevard Phone: 952-926-5626 St. Louis Park, MN 55416 Fax: 952-926-9713

Services: Residential and non-residential treatment services for women age 18 and older, including those with a dual diagnosis of chemical dependency and mental illness (MI/CD).

Wayside House • Incarnation Family Connection Program

2120 Clinton Ave South Phone: 952-224-8288 Fax: 952-871-0929 Minneapolis, MN 55404

Services: Services to women with children in placement who are ready for reunification. Services include mental and physical health assessments, case management, individual, group, and family counseling, parenting groups, relapse prevention, services for children, child care, aftercare, acupuncture, employment readiness, spirituality, and ongoing education about addiction.

Wayside House • Main Street Collaborative

3381 Gorham Ave Phone: 952-926-2600 St. Louis Park, MN 55426 Fax: 952-926-9395

Services: Matrix Mode outpatient substance abuse treatment and mental health services for women age 18 and older who are living in supportive housing or other housing arrangements. Mental and physical health assessments, case management, individual, group, and family counseling. The comprehensive, multi-format Matrix Model includes individual/conjoint therapy, early recovery, relapse prevention, family education, social support, and urine testing.

CHEMICAL HEALTH HOUSING WITH SUPPORTS

Alliance Apartments

Services: Supportive, sober housing for homeless, disabled single adults who have a history of chemical abuse and repeated participation in CD treatment programs. Case management, relapse prevention groups, recreational activities, and life skills education to help stabilize mental health and sobriety.

Anishinabe Wakiagun

 1600 East 19th Street
 Phone: 612-871-2883

 Minneapolis, MN 55404
 Fax: 612-871-0803

Services: Permanent supportive housing offering case management and supportive services to late-stage chronic inebriate Native American adults age 18 and over.

Mission Lodge

Services: Supportive, sober residential living environment for chronically chemically dependent adults, age 18 and over, who have a history of continuing drug and alcohol use after repeated participation in CD treatment programs.

Wayside Supportive Housing

 1341and 1349 Jersey Avenue South
 Phone: 952-926-5626

 St. Louis Park, MN 55426
 Fax: 952-926-9713

Services for women age 18 and up who have been sober for at least three months. Services include minor children who are living with them or in the process of reunification. The building is not handicapped accessible.

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Hennepin County Adult Behavioral Health Services

INITIAL CONTACT AND ASSESSMENT

Debra Bean Area Manager 348-4686

CASE MANAGEMENT AND ADULT PROTECTION

Mike Herzing	Area Manager	348-8991
Program Managers		
Carmen Castaneda	Adult Protection	348-6978
Andrew Erwin	ABH, Developmental Disabilities, Long Term Care	348-6830
Louella Kaufer	ABH, Long Term Care	348-3471
Martin Marty	Adult Behavioral Health & Children w/Disabilities,	
	Vocational Services	348-8124
Nancy Noetzelman	ABH, Planning	348-4590
Jernell Walker	Long Term Care	348-8657

ADDITIONAL RESOURCES

Chemical Abuse

- Minnesota Association of Recovery and Chemical Health www.marrch.org
- National Institute of Health (National Institute on Drug Abuse/Mental Health) www.nih.gov

Mental Illness

- Alliance for the Mentally Ill in Minnesota (651-645-2948) http://mn.nami.org
- Alliance for the Mentally Ill in Hennepin County (612-724-4820)
- Mental Health Association of Minnesota (612-331-6840) www.mentalhealthmn.org
- Mental Health Consumer/Survivor Network of Minnesota (651-637-2800) www.mhcsn.net
- Minnesota Depressive/Manic Depressive Association (612-379-7933)
- National Mental Health Association www.nmha.org
- National Mental Health Consumers' Self-Help Clearinghouse www.mhselfhelp.org
- Schizophrenia Association of Minnesota (612-922-6916)

Suicide Prevention

- Minnesota Prevention Resource Center www.miph.org
- Suicide Awareness/Voices of Education (SA/VE) www.save.org

Social Services

• First Call for Help (800-HELP-555 in Minneapolis dial 311) www.firstcall-mn.org

Support Groups

- **Community Involvement Program** Support groups for men and women who have a mental illness diagnosis. For information, call 612-362-4417.
- Crisis Connection Men wanting to speak to another male about men's issues can call the Crisis Connections Men's Line at 612-379-MENS (612-379-6367). www.crisis.org
- Siblings Network 612-872-1665 http://www.rethink.org/siblings/

Legal Resources

- Minnesota Disability Law Center (612-332-1441) www.lawhelp.org/Program/2393/index.cfm
- Minnesota Mental Health Law Project (612-332-1441)
- Minnesota Office of Ombudsman for Mental Health (651-296-3848) www.ombudmhmr.state.mn.us

Other

• US DHHS Substance Abuse & Mental Health Services Administration www.samhsa.gov/index.aspx

Hennepin County Adult Behavioral Health Services

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