Career Exploration Worksheet

Browse by Career Interest
Take the Career Interest Assessment.

My RIASEC/Holland Code is: ___________ ___________ ___________

Visit O*NET to find careers that match your interests.

Select the category link that matches your top interest code. You will then be able to input your three-digit interest code. If you want to explore a broader range of positions, you can input either just your top or top two interest codes.

Record a few of the occupations you find that might interest you below.

1. ____________________________________________________________ Interest Code: ___________
2. ____________________________________________________________ Interest Code: ___________
3. ____________________________________________________________ Interest Code: ___________

Browse by Career Cluster
Career Clusters contain occupations in the same field of work that require similar skills.

Visit Careerwise to browse Career Clusters.

The top 3 Career Clusters that interest me are:

1. __________________________________________________________________________________
2. __________________________________________________________________________________
3. __________________________________________________________________________________

Select the Career Cluster you are most interested in.

Record a few of the occupations you find that might interest you below.

1. __________________________________________________________________________________
2. __________________________________________________________________________________
3. __________________________________________________________________________________

Compare
Is there any overlap between your lists of occupations?

_____________________________________________________________________________________

Are there any careers you were thinking about that are not listed?

_____________________________________________________________________________________
Choose 3 occupations you are most interested in learning more about & fill in the chart using O*Net, Careerwise, and/or the Occupational Outlook Handbook.

<table>
<thead>
<tr>
<th></th>
<th>Career Option #1:</th>
<th>Career Option #2:</th>
<th>Career Option #3:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Occupation’s Holland Code</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Work Tasks and Activities</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Work Environment and Conditions</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Education/Training Needed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Job Outlook</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Earnings</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Related Majors</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Related Occupations</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Likes about this Occupation</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dislikes about this Occupation</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is this career a good fit for me? Why or why not?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Which career seems like the best fit? What other careers do you want to know more about? What are your next steps? 

____________________________________________________________________________________

____________________________________________________________________________________